



9th June 2016

Dear Parents

As part of the PSHE Curriculum, Year 5 will be undertaking Relationships and Sex Education lessons.

The children will be learning about puberty. Their class teachers will be teaching about external and internal body changes. For some of these lessons, the children may be separated into groups of boys and girls.

Some of these lessons will be partly based on a video. For more information, including some books you may like to read with your child, please see the attached leaflet.

If you have any questions please feel free to contact us.

If, for any reason, you do not want your child / children to take part in these lessons please contact the school. **Unless we hear to the contrary we will assume your child can attend these lessons.**

Yours sincerely

Mrs Z Bill
PSHE Co-ordinator